



# Northview Power Lifting Records

## State Champion

### 2010 Joel Wessely JV 145 Pound Class

#### Men's Records

<b>145 Pound Squat</b> 365 Lariel Wilson (2010)	<b>145 Pound Bench</b> 235 Lariel Wilson (2010)	<b>145 Pound Deadlift</b> 380 Joel Wessely (2010)	<b>145 Pound Total</b> 890 Joel Wessely (2010)
<b>155 Pound Squat</b> 280 Robbie Thurber (2010)	<b>155 Pound Bench</b> 205 Robbie Thurber (2010)	<b>155 Pound Deadlift</b> 345 Logan Mirandette (2010)	<b>155 Pound Total</b> 830 Robbie Thurber (2010)
<b>165 Pound Squat</b> 405 Drake Miller (2010)	<b>165 Pound Bench</b> 265 Drake Miller (2010)	<b>165 Pound Deadlift</b> 360 Drake Miller (2010)	<b>165 Pound Total</b> 1010 Drake Miller (2010)
<b>181 Pound Squat</b> 465 Justin Woods (2009) State Record	<b>181 Pound Bench</b> 230 Justin Woods (2009)	<b>181 Pound Deadlift</b> 430 Justin Woods (2009)	<b>181 Pound Total</b> 1225 Justin Woods (2009)
<b>194 Pound Squat</b> 425 Ben Greene (2010)	<b>194 Pound Bench</b> 285 Marshall Salzmnieks (2009)	<b>194 Pound Deadlift</b> 465 Ben Greene (2010)	<b>194 Pound Total</b> 1120 Marshall Salzmnieks (2009)
<b>207 Pound Squat</b> 315 Hunter Bonney (2010)	<b>207 Pound Bench</b> 210 Hunter Bonney (2010)	<b>207 Pound Deadlift</b> 325 Hunter Bonney (2010)	<b>207 Pound Total</b> 850 Hunter Bonney (2010)
<b>220 Pound Squat</b> 435 Nick Maple (2010)	<b>220 Pound Bench</b> 285 Nick Maple (2010)	<b>220 Pound Deadlift</b> 440 Lionell Hall (2010)	<b>220 Pound Total</b> 1145 Lionell Hall (2010)
<b>242 Pound Squat</b> 455 Tyler Salzmnieks (2009)	<b>242 Pound Bench</b> 370 Tyler Salzmnieks (2009) State Record	<b>242 Pound Deadlift</b> 570 Micheal Dykema (2009) State Record	<b>242 Pound Total</b> 1235 Micheal Dykema (2009)
<b>275 Pound Squat</b> 520 David Green (2010)	<b>275 Pound Bench</b> 275 David Green (2010)	<b>275 Pound Deadlift</b> 450 David Green (2010)	<b>275 Pound Total</b> 1245 David Green (2010)
<b>SHW Squat</b> 520 David Green (2010)	<b>SHW Bench</b> 300 David Green (2010)	<b>SHW Deadlift</b> 450 David Green (2009)	<b>SHW Total</b> 1255 David Green (2010)

#### Women's Records

<b>123 Pound Squat</b> 220 Amelia Stanley (2010)	<b>123 Pound Bench</b> 130 Amelia Stanley (2010)	<b>123 Pound Deadlift</b> 200 Amelia Stanley (2010)	<b>123 Pound Total</b> 550 Amelia Stanley (2010)
<b>155 Pound Squat</b> 225 Chelsea Castigan (2009)	<b>155 Pound Bench</b> 150 Jamie Maple (2010)	<b>155 Pound Deadlift</b> 235 Chelsea Castigan (2009)	<b>155 Pound Total</b> 585 Chelsea Castigan (2009)



**Records can only be broken at MHSPLA Sanctioned / Judged Competitions**

|